

Secondary Student Survey – No Breakfast Program

1. What do you know about the importance of eating a healthy breakfast?

2. Did you eat breakfast today? YES/NO

3. Check any of these items you had for breakfast?

- | | | | |
|-------------------------------------------|----------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------------------------|
| <input type="checkbox"/> Milk/Soy
Milk | <input type="checkbox"/> Juice/Fruit/
Vegetable | <input type="checkbox"/> Meat/Cheese/
Yogurt/Beans/
Egg/Fish | <input type="checkbox"/> Cereal/Bread/
Muffin/Bagel/
Rice/Tortilla |
|-------------------------------------------|----------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------------------------|

If none of the above, what did you eat?

4. Do you ever buy foods at a store, fast food restaurant or vending machine to eat for breakfast? YES/NO

If yes, what kinds of food do you buy?

5. How do you get to school and how long does it take?

- | | | | |
|-----------------------------------------------|-----------------------------------------------|------------------------------------------------|-------------------------------------------------------|
| <input type="checkbox"/> Bus
_____ minutes | <input type="checkbox"/> Car
_____ minutes | <input type="checkbox"/> Walk
_____ minutes | <input type="checkbox"/> Other _____
_____ minutes |
|-----------------------------------------------|-----------------------------------------------|------------------------------------------------|-------------------------------------------------------|

6. What time do you get to school? _____ a.m.

7. Do you participate in before-school activities? YES/NO

8. If breakfast was offered at school, list the kinds of foods you would like.

9. If you could eat breakfast at school, would you? YES/NO

If no, why not?

10. Would you purchase school breakfast if it cost less than \$ _____? YES/NO

If no, why not?
